

The Canadian Association for Marriage and Family Therapy L'association Canadienne pour la thérapie conjugale et familiale

Hello fellow members,

It certainly has been a tumultuous few weeks, and I do hope that you are doing well. Here are a few updates from your CAMFT.

VIDEO CONFERENCING CONSENT FORM

There has been a conversation in our <u>discussion forum</u> regarding what kind of consent form to use with clients as many of us switch to online therapy. I created an "*Agreement for video conference and/or telephone therapy sessions*" from a consent form that a friend shared with me. Please keep in mind that I am not a lawyer, so I am sharing this "as is" for you to modify as you see fit. You will find the agreement in the member section of <u>www.camft.ca</u>.

WEEKLY SELF CARE & CLIENT CARE ZOOM DISCUSSION

Starting Wednesday, April 1st, please join us at 12:10 pm EDT for a discussion on **SELF CARE & CLIENT CARE**. To join this Zoom Meeting, click on this link at **12:10 pm EDT April 1st. https://zoom.us/j/568411635** . To join via your cell phone, call either of these numbers at the meeting time. +14388097799,,568411635# or +15873281099,,568411635#

ON CALL VIRTUAL CARE - 1 MONTH FREE & DISCOUNT

If you would like to sign up for the OnCall Virtual Care platform, you can get **one month free** on any package and **20% off the premium package**. For every member that signs up, **OnCall will donate 50% of the first month fees to the CAMFT**. Please click on this link to learn more **https://info.oncallhealth.ca/camft-partnership**

The following three documents are in the member section of <u>www.camft.ca</u>.

- OnCall Features
- Oncall FAQ
- OnCall Pricing

APPLE DISCOUNT

I am sorry, but it appears that the discount that the Apple rep talked up with me is not much of a deal. You will get a much better discount with <u>Best Buy</u> where you can get **\$300 off a MacBook Air until April 9th**. They also have very inexpensive refurbished laptops.

MHCC – MENTAL HEALTH RESOURCE HUB

The Mental Health Commission of Canada (MHCC) has put together a Resource Hub of curated, evidence-based information you can trust. The focus is on Mental Health & Wellness During the COVID19 Pandemic.

Andrew Sofin, MA, RP, RMFT