

STST Foundations Part 1
September 25-26, October 23-24,
November 20-21, 2020 and January 15-16, 2021

9:00 am to 2:00 pm PDT online Via Zoom
32 hours of online training

(4 Friday/Saturday over 5 months)

With Linda Lucas, LCPC and Jennifer Nagel, MA, RCC

THIS PROGRAM WILL HELP COUNSELLORS AND THERAPISTS:

- Use experiential process throughout their therapy sessions to access healing Life Energy
- Explore and facilitate change in clients' intrapsychic and relational systems
- Make contact with clients' internal experience and create safety quickly and deeply
- Surface clients' survival communication and coping patterns and help clients experientially choose more positive possibilities
- Collaboratively with the client, begin to set positively directional, intrapsychic therapeutic goals for change
- Help clients access, accept and utilize their internal strengths and resources in the change process
- Map the internal processes of clients and help them access and change their behaviours, feelings, perceptions and expectations
- Help clients integrate and maintain their changes

For more information see our website at <https://satirpacific.org/event/foundations-of-stst-online-workshop/>