

## ONLINE EFT WORKSHOP: ATTACHMENT INJURY RESOLUTION MODEL

Jun 4, 2022

9:30 am-5:30 pm EST

**Dr. Herman Chow, RP, RMFT- Supervisor, CCFT  
Certified EFT Therapist and Supervisor  
AAMFT Approved Supervisor**

### Description

**Attachment Injury Resolution Model (AIRM)** is a Stage 2 process of Emotionally Focused Therapy that promotes repair and recovery from attachment injuries in couple relationships. AIRM is built from the backbone of Stage 1 work (de-escalation and ownership of the injury) and early Stage 2 work (sufficient withdrawer engagement work). In this interactive workshop, Dr. Herman Chow will break down each step of the EFT Stage 2 work so that the participants will have a clear understanding of the steps necessary to resolve attachment injuries. If you offer couple therapy and have couples who are stuck in their attachment injuries such as affairs, porn addiction, etc., you need to attend this workshop.

This training is ideal for participants who have a working knowledge of EFT Stage 1 work and want to dive deeper into Stage 2 work – especially around attachment injury. Teaching methods will include concise teachings, video clips, and demonstrations.

Sue Johnson and others first developed the “Attachment Injury Resolution Model” (AIRM) by focusing on resolving relationship injuries that block repairs and recovery in couple relationships. Later, Dr. Lillian Buchanan and Lorrie Brubacher developed this model into an 8-step training program (AIRM Program).

***The training will be recorded but it is not available for purchase. Participants are granted 6 weeks to watch the recording.***

### Learning Outcomes

By the end of the workshop, the learner should be able to:

1. Define and identify an attachment injury
2. Understand EFT Stage 2 deepening work in a clear and systematic way
3. Delineate the 8 steps of the AIRM
4. Use the EFT Tango and key interventions in the 8 steps AIRM

## **Who should attend**

- Anyone who works with couples using EFT, e.g. psychotherapists, couple and family therapists, psychologists, pastors, etc.
- Any novice EFT therapist who wants step-by-step instruction of doing EFT
- Any seasoned EFT therapist who wants to solidify and clarify their understanding of EFT

**The Canadian Association for Marriage and Family Therapy (CAMFT) has approved 7 hours of Continued Education Hours for this training. You can most likely use the 7 hours towards your Associations' Continued Education requirement (e.g. CAMFT, AAMFT) and Colleges (e.g. CRPO).**

## **Fee**

**The regular fee is \$165 (Canadian) per person.**

**The early bird fee is \$150 (Canadian) and the full-time student fee is \$75 (Canadian) if you sign up and pay on or before April 4, 2022.**

Please note: there is no refund given on or after May 4. Refund can be granted before May 4 but there is a \$25 (Canadian) service charge for any cancellation.

## **Registration**

For registration visit [www.hermanchow.com](http://www.hermanchow.com):

<https://hermanchow.com/therapists-registration>

Please send in payment via etransfer at hermanchow@rogers.com along with your registration.

If etransfer is not possible (e.g. US participants), you can pay via PayPal (contact: Herman at [hermanchow@rogers.com](mailto:hermanchow@rogers.com) if you need assistance). If you are using PayPal, click "Family and Friends" to avoid extra charges. You will be responsible for additional costs.