### ONLINE EFT WORKSHOP: MASTER THE EFT TANGO

Mar 23, 2024 9:30 am-5:30 pm EST

Dr. Herman Chow, RP, RMFT-SM, CCFT Certified EFT Therapist and Supervisor AAMFT Approved Supervisor CAMFT RMFT Supervisor Mentor

# **Description**

MASTER THE EFT TANGO is the Online EFT workshop series that will hone your EFT skills. This workshop is for both new and seasoned EFT Therapists. THE EFT TANGO is the elegant way in which EFT therapists will help clients work through their emotional blocks and help them take risks in sharing their vulnerabilities with their significant others or imagining others. EFT therapists will use the TANGO from the first session to the last session. This one-day training will help you dive into the five different moves of the EFT TANGO and help you MASTER THE EFT TANGO. The TANGO will work to deepen our clients and help them restructure their bonds and rebuild their attachment security.

This training is ideal for participants who have a working knowledge of EFT. Teaching methods include concise teachings, video clips, demonstrations, and roleplays.

The training will be recorded, but it is not available for purchase. Participants are granted 6 weeks to watch the recording.

# **Learning Outcomes**

By the end of the workshop, the learner should be able to:

- 1. Execute competently the 5 moves of the EFT Tango
- 2. Distinguish the various purposes of the EFT Tango
- Deepen and process clients' emotional experiences according to their window of tolerance
- 4. Create appropriate enactments according to the EFT stages
- 5. Construct correct emotional experiences
- 6. Restructure key bonding moments

### Who should attend

- Anyone who works with clients (individuals, couples, or families) using EFT, e.g.
  psychotherapists, couple and family therapists, psychologists, pastors, etc.
- Any novice EFT therapist who wants step-by-step instruction on doing the EFT TANGO
- Any seasoned EFT therapist who wants to solidify and clarify their understanding of the EFT TANGO

Canadian Association for Marriage and Family Therapy (CAMFT) has approved 7 hours of Continued Education Hours for this training. You can use the 7 hours towards your Associations' Continued Education requirement (e.g. CAMFT, AAMFT) and Colleges (e.g. CRPO).

### Fee

The regular fee is \$170 (Canadian) per person.

The early bird fee is \$155 (Canadian) if you sign up and pay on or before Jan 23, 2024. The full-time student fee is \$80 (Canadian) – only for those in full-time studies. If you have attended this training (Master the EFT Tango) from previous years and you would like to do a refresher, the fee is \$50 (Canadian).

Please note: no refund or credits are given on or after Feb 23, 2024. A refund can be granted before Feb 23, 2024, but there is a \$25 (Canadian) service charge for any cancellation. Please add \$5 if you are using PayPal or cheque.

# Registration

For registration, please complete the registration form below or visit <a href="www.hermanchow.com">www.hermanchow.com</a>: <a href="https://hermanchow.com/therapists-registration">https://hermanchow.com/therapists-registration</a>

Please send in payment via etransfer at hermanchow@rogers.com along with your registration. If an etransfer is not possible (e.g. US participants), you can pay via PayPal (contact Herman at <a href="hermanchow@rogers.com">hermanchow@rogers.com</a> if you need assistance). If you use PayPal, click "Family and Friends" to avoid extra charges. You will be responsible for additional costs.