

**Katrina Curry**, RCAT, LMFT, RMFT, RCC, RYT, MA, DVATI is a somatic psychotherapist and creative arts therapist with 25 years of experience specializing in transforming legacies of collective and personal complex trauma. A writer and poet, movement artist, visual artist and photographer, in her clinical work she weaves relational ecology with expressive arts, mindfulness, embodiment practices, and Sensorimotor Psychotherapy. Katrina is a Registered Marriage and Family Therapist in Canada, Licensed Marriage and Family Therapist in California, and Registered Canadian Art Therapist, living in the territory of the Lkwungen People, also known as the Songhees and Esquimalt First Nations.

Katrina is a creative teacher and mentor of therapists, passionate about helping practitioners develop improvisational skill and embodied resilience for the challenging work of our times while deepening supple knowledge of trauma therapy wisdom. Katrina is an Approved Sensorimotor Psychotherapy Consultant, and an International Trainer for the Sensorimotor Psychotherapy Institute currently teaching in Japan, Canada, and the USA. She has offered teachings in Italy for PESI Europe, as faculty at the Kutenai Art Therapy Institute, and as faculty for the International Expressive Arts Therapy Summit in New York and Los Angeles. She is a cofounder of the Embodied Leadership Program with the Soul Motion International School and the creator of Body Songs Movement Arts Practice. With a vibrant background in deep ecology, and intersectional feminist social justice praxis, Katrina has been teaching creative resistance, liberation inquiry, and embodied approaches for transformation for the past 30 years.

An innovative speaker and group facilitator, she brings an atmosphere of embodied play and tender relations with Earth to her trainings and teachings.