

Centre for Counselling & Community Safety

IS OFFERING:

PLAY THERAPY 1: THE THERAPEUTIC POWER OF PLAY

PLAY THERAPY 2: THE THERAPEUTIC POWER OF PLAY

**DATES: NOVEMBER 28 – DECEMBER 1, 2022**

**LOCATION: JIBC NEW WESTMINSTER, BC CAMPUS  
(IN-PERSON, IN-CLASS COURSES)**

**INSTRUCTOR: CHRISTOPHER CONLEY, MA, RCC, RMFT, CPT-S**

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**PLAY THERAPY 1: THE THERAPEUTIC POWER OF PLAY, NOV 28 - 29, 2022**

The learner will gain an understanding of the underlying foundation of play therapy, the intake and assessment process, how to set up a playroom and the rationale for toys in the playroom. We will explore how to establish rapport with the child and parents, the approaches to play therapy, directive versus non-directive, as well as attachment in play therapy and family play therapy. This introductory course is for mental health therapists, psychologists, clinical social workers, family therapists, school counsellors, and child care workers working with children and youth between 3-17 years old. The teaching modalities include didactic material, video demonstrations, live demonstrations, case studies, and experiential role-plays. This course is not a part of the Certificate in Expressive Play Therapy.

**PLAY THERAPY 2: THE THERAPEUTIC POWER OF PLAY NOV 30 - DEC 1, 2022**

This course builds on Play Therapy 1. Learners will gain an understanding of how to effectively recommend play therapy to caregivers, how to conduct play therapy sessions, and how to recognize themes in play therapy. Through five teaching modalities; didactic material, video demonstrations, live demonstrations, case studies, and experiential role-plays; the learner will experience how to adapt play therapy for young children and adolescents, and how to overcome resistance and manage aggression in the playroom. This course is for mental health therapists, psychologists, clinical social workers, family therapists, school counsellors, and child care workers working with children between 3-17 years old. This course is not a part of the Certificate in Expressive Play Therapy.

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