

IASP Annual Conference: April 25, 2020

George Ignatieff Theatre, 15 Devonshire Place, Toronto



Patients & Their Significant Others:

**Helping Patients Improve Their
Relating and Relationships
Through Individual and Couple
Treatment**

Presented by: **Carla Leone, Ph.D**



Conference Program:

Whether we do couple therapy or not, we all work with patients who bring relationship concerns or complaints to their treatments, and for whom healthier relating is a major treatment goal.

As individual therapists, how can we best help when we have never met the patient's spouse or significant other, heard their side of the story, or watched the partners relate? When and how do we refer for couple therapy? How do conscious and unconscious factors influence that decision, how can couple therapy help, and should the therapist of patients in concurrent individual and couple therapies consult with each other?

Dr. Leone, a lively and engaging presenter, will focus on addressing relationship complaints psychoanalytically in both modalities in a user friendly, experience near, clinician focused workshop.

Drawing both on her work on the "unseen spouse" of patients in individual treatment (Leone, 2013b), and on the application of contemporary self psychology to couple and family treatment (Leone, 2001, 2006, 2008, 2013a, 2019), Dr. Carla Leone will address these questions and others, illustrate her perspective with clinical examples, and facilitate audience discussion.

About the Speaker:

Carla Leone, Ph.D., is the director of a group private practice just outside of Chicago, on the faculty of Chicago Psychoanalytic Institute and the Institute for Clinical Social Work in Chicago and the director of a one year certificate program in Integrative Psychoanalytic Couple Therapy, which is co-sponsored by both institutions.

She was recently elected Secretary of the International Association for Psychoanalytic Self Psychology (IAPSP), co-chairs its Membership Committee and Online Education Committee, and is a co-founder and former chair of its Couples Therapy Interest Group.

She is the author of several published papers on couple and family therapy and one on the "unseen spouse" of patients in individual therapy, and is currently working on a book, tentatively titled *Rebuilding Connections, Repairing Ruptures: A Self Psychological Couple Therapy Casebook*.

Case presentation by:

Heather MacIntosh, Ph.D., is Associate Professor and Director of the MScA Couple and Family Therapy Programme at McGill University where she is the recipient of the H. Noel Fieldhouse Award for Distinguished Teaching.

In 2019 she released her book -- *Developmental Couple Therapy for Complex Trauma: A Manual for Therapists* (Routledge Press), which outlines a psychoanalytically informed, evidence based treatment model for working with couples dealing with the impacts of complex trauma.

Dr. MacIntosh has authored numerous articles and chapters that focus on trauma and couple therapy.

**For further information and to register online, please go to: www.iasptoronto.com
or email kathy@iasptoronto.com.**