

ONLINE EMOTIONALLY FOCUSED COUPLE THERAPY (EFCT) WORKSHOP: Healing from Affairs

Nov 6, 2021

9:30 am-12:30 pm EST

Dr. Herman Chow, RP, RMFT, CCFT

Certified EFT Therapist and Supervisor

AAMFT/CAMFT Approved Supervisor

Description

"Healing from Affairs" is the seventh instalment of the Online EFCT workshops series that will help you hone your EFT skills. This workshop is for participants who have some working knowledge of EFT and some awareness of EFT stage 1 and stage 2.

For most couples, affairs are difficult events that will hurt their relationships. They will need your help in navigating the rugged terrain. The workshop's focus is to help you effectively work with couples dealing with affairs in their relationships. You will develop some key strategies in assisting them to heal from the affairs. We will discuss how to work with affairs in EFCT and clarify the differences in stage 1 vs. stage 2 work. Teaching methods will include concise teachings, video clips, and demonstrations.

Emotionally Focused Therapy is a systemic model created by Dr. Sue Johnson. Research finds that 70-75% of couples move from distress to recovery, and approximately 90% shows significant improvement.

Learning Outcomes:

By the end of the workshop, the learner should be able to:

1. Understand the inner world of the injured person and the affair person

2. Distinguish the different emphasis of affair work in stage 1 and 2
3. Use some key EFCT interventions when working with affairs
4. Work with the typical blocks in affair work
5. Choreograph meaningful enactments in affair work

Who should attend

- Anyone who works with couples using EFT, e.g. psychotherapists, couple and family therapists, psychologists, pastors, etc.
- Any novice EFT therapist who wants step-by-step instruction of doing EFT
- Any seasoned EFT therapist who wants to solidify and clarify their understanding of EFT

Canadian Association for Marriage and Family Therapy (CAMFT) has approved 3 hours of Continued Education Hours for this training. You can most likely use the 3 hours towards your Associations' Continued Education requirement (e.g. CAMFT, AAMFT) and Colleges (e.g. CRPO).

Fee

The regular fee is \$75 Cdn (\$60 US) per person. The early bird fee is \$65 Cdn (\$50 US) if you sign up and pay on or before Oct 6, 2021.

Registration

For registration, please complete the [registration form](#) or visit www.hermanchow.com

Please send in payment via etransfer at hermanchow@rogers.com along with your registration. If etransfer is not possible (e.g. US participants), you can pay via PayPal (contact: Herman at hermanchow@rogers.com if you need assistance). If you are using PayPal, click "Family and Friends" to avoid extra charges. You will be responsible for additional costs.