



OPENED

OPEN LEARNING AND
EDUCATIONAL SUPPORT

Teaching Opportunity

Open Learning and Educational Support (OpenEd), University of Guelph is recruiting for instructor with a passion for teaching, and the academic knowledge and experience to develop and facilitate online synchronous continuing education courses for the [Advanced Certificate in Couple and Family Therapy](#). The selected candidate(s) will develop and instruct Emotionally Focused Couple Therapy for April 2023. The timeline for commitment would be February – June inclusive of course development, course dates and grading timelines. Course dates are scheduled for:

Day 1: Friday, April 21, 2023, 9:00 a.m. to 4:15 p.m. ET

Day 2: Saturday, April 22, 2023, 9:00 a.m. to 4:15 p.m. ET.

Day 3: Sunday, April 23, 2023, 9:00 a.m. to 4:15 p.m. ET.

Day 4: Saturday, April 29, 2023, 9:00 a.m. to 4:15 p.m. ET.

Day 5: Sunday, April 30, 2023, 9:00 a.m. to 4:00 p.m. ET.

Certificate Description

Explore the major theories, central concepts and foundational approaches of couple and family therapy practice. Through interactive teaching and learning processes—including whole class and small group discussions, role-playing, research, assignments, and reflection from your own personal experience—you are better equipped to translate theory into practical methods for your practice.

While a strong focus is placed on the historical development of systemic therapy, you have many opportunities to study and compare a wide variety of therapy models, such as Cognitive-Behavioural, Experiential, Bowenian, Contextual, Structural, and Strategic.

Position Description

We are looking for instructor(s) to develop and facilitate one or more courses in the Advanced Couple and Family Therapy Program. Instructors are contracted to instruct per course based on expertise, experience and availability. As an OpenEd instructor, you support student learning, develop course content (content, activities and assessments) in alignment with provided learning outcomes. Key Responsibilities include:

- Develop course content, materials list and assessments in alignment with Course Learning Outcomes.
- Facilitate the course online based on a set schedule.
- Create a supportive and engaging online community that fosters student learning.
- Share real-world experiences and provide examples that demonstrate your expertise in the topic area and meet the needs of the learners.
- Grade all assessments following the rubric/grading criteria and provide appropriate feedback on submitted work.

The content of the course will remain the instructor's intellectual property, and thus may be used for other purposes at the sole discretion of the instructor.

Instructor training is provided for synchronous (Zoom) and asynchronous (D2L/Brightspace – University of Guelph's 'CourseLink') methods of course delivery.

The selected applicant(s) will join a team of instructors collaboratively facilitating the Advanced Couple and Family Therapy Certificate Program. Compensation is set at \$5000 per course. The course details are as follows:

1006028 Emotionally Focused Couple Therapy

Emotionally Focused Couple Therapy (EFCT) is an evidence-based model that brings healing to distressed relationships.

Examine the theory and the practice, including the three stages and the nine steps, of EFCT. Gain a brief overview of attachment theory, systematic-experiential process, and their application in EFCT. The focus will be on the skills and clinical practice of EFCT and the format will include didactic teaching, videos, case studies, small group activities, and experiential exercises.

While this course may be used as an elective for the Advanced Certificate in Couple and Family Therapy program, it does not lead to certification in Emotionally Focused Therapy; however, it will prepare you for such an endeavour.

This course is designed for counsellors, therapists, social workers, mental health workers, and pastoral care/faith-based and other practitioners seeking to build or enhance their practical skills and theoretical foundation in couple and family therapy, as well as those exploring therapy as a career.

This course is typically recognized by CAMFT and AAMFT as a couple/marriage and family therapy or studies course.

Learning Outcomes

Upon successful completion of this course, you will be able to:

- Describe and apply the basic concept of attachment theory, including how attachment injuries and traumas affect relationships
- Distinguish the theory and the application of EFCT, including the three stages and the nine steps
- Demonstrate competence in capturing the de-escalating the negative cycle of a distressed couple (stage 1)
- Demonstrate awareness of your own emotions experientially
- Critique how EFCT may or may not fit within your own value and clinical application

Course Topics

- The Place of EFCT in the field of couple therapy
- Basics of the EFCT Model: Experiential and Systemic
- Theory of Relationships: Adult Attachment Theory
- Overview of the Process of Change: Stages and Steps
- Assessment and Alliance: Stage 1
- Tasks and Interventions
- Change Events: Stage 2
- Consolidation: Stage 3
- Becoming an EFCT Therapist
- Forgiveness and Attachment Injuries

Qualifications

- RMFT- Supervisor Designation and Certified EFT Therapist and Supervisor. Membership of Canadian Association of Marriage and Family Therapy is preferred.
- A graduate university degree from an accredited institution with expertise in the subject area.
- At least three years of work experience in family and couple therapy psychotherapist with experience in emotionally focused therapy.
- Curriculum development and training/facilitation experience.
- Teaching experience, ideally in an online environment, and an interest in adult learning and development.
- Excellent written communication skills, including the ability to effectively communicate with students using tools such as email and web-conferencing (Zoom).
- A strong curiosity and a desire to learn.
- A commitment to meeting timelines and the ability to balance competing priorities to ensure they do not interfere with developing and delivering the course.
- A level of confidence with computer technology and the ability to master a learning management system (D2L Brightspace).
- Demonstrated subject-matter expertise related to equity, diversity, and anti-oppression, including the ability to speak from personal experience and engage

students in the central concepts and learning to promote social justice and empower positive change.

How to Apply

If you are interested in this position, please send a resume with a cover letter that outlines your education and experience, how you meet the stated qualifications and why you want to teach in the Advanced Couple and Family Therapy Program.

Applications must be submitted by **February 4, 2023** to Mariel Mading, Manager, Program Development at mmading@uoguelph.ca.